



WELCOME

We are pleased to welcome you and/or your child to our practice. Please take a few minutes to fill out this form as completely as you can. If you have questions, we'll be glad to help you. We look forward to working with you in maintaining your dental health.

Patient Information

Date _____ Occupation _____
 SS/HIC/Patient ID # _____ Patient Employer/School _____
 Patient Name _____ Employer/School Address _____
 Address _____
 City _____ Employer/School Phone (____) _____
 State _____ Zip _____ Spouse's Name _____
 E-mail _____ Birthday _____ SS# _____
 Sex M F Age _____ Birthday _____
 Married Widowed Single Minor
 Separated Divorced Partnered for _____ years
 Spouse's Employer _____
 Whom may we thank for referring you? _____

Dental Insurance

Subscriber's Name _____ In patient covered by secondary insurance? Yes No
 Relationship to Patient _____ Subscriber's Name _____
 Birthday _____ SS# _____ Relationship to Patient _____
 Insurance Co. _____ Birthday _____ SS# _____
 Group # _____ Phone (____) _____ Insurance Co. _____
 Group # _____ Phone (____) _____

Phone Numbers

Home Phone (____) _____ Work Phone (____) _____ Ext _____ Cell Phone (____) _____
 Spouse's Work (____) _____ Best time and place to reach you _____

IN CASE OF EMERGENCY, CONTACT (Specify someone who does not live in your household.)

Name _____ Relationship _____
 Home Phone (____) _____ Work Phone (____) _____ Ext _____ Cell Phone (____) _____

Dental History

Reason for today's visit _____

 Former Dentist _____
 City/State _____
 Date of last dental visit _____
 Date of last dental X-ray _____
 How often do you floss? _____
 How often do you brush? _____
 Do you wear contact lenses? Yes No

Please check (☑) "yes" or "no" to indicate if you have had any of the following:

Bad breath <input type="checkbox"/> Yes <input type="checkbox"/> No	Jaw pain or tiredness <input type="checkbox"/> Yes <input type="checkbox"/> No
Bleeding gums <input type="checkbox"/> Yes <input type="checkbox"/> No	Lip or check biting <input type="checkbox"/> Yes <input type="checkbox"/> No
Blisters on lips or mouth <input type="checkbox"/> Yes <input type="checkbox"/> No	Loose teeth or broken fillings <input type="checkbox"/> Yes <input type="checkbox"/> No
Burning Sensation on tongue <input type="checkbox"/> Yes <input type="checkbox"/> No	Mouth breathing <input type="checkbox"/> Yes <input type="checkbox"/> No
Chew on one side of mouth <input type="checkbox"/> Yes <input type="checkbox"/> No	Mouth pain <input type="checkbox"/> Yes <input type="checkbox"/> No
Cigarette, pipe or cigar smoking <input type="checkbox"/> Yes <input type="checkbox"/> No	Orthodontic treatment <input type="checkbox"/> Yes <input type="checkbox"/> No
Clicking or popping jaw <input type="checkbox"/> Yes <input type="checkbox"/> No	Pain around ear <input type="checkbox"/> Yes <input type="checkbox"/> No
Dry mouth <input type="checkbox"/> Yes <input type="checkbox"/> No	Periodontal treatment <input type="checkbox"/> Yes <input type="checkbox"/> No
Fingernail biting <input type="checkbox"/> Yes <input type="checkbox"/> No	Sensitivity to cold <input type="checkbox"/> Yes <input type="checkbox"/> No
Food collection between the teeth <input type="checkbox"/> Yes <input type="checkbox"/> No	Sensitivity to heat <input type="checkbox"/> Yes <input type="checkbox"/> No
Foreign objects in mouth <input type="checkbox"/> Yes <input type="checkbox"/> No	Sensitivity to sweets <input type="checkbox"/> Yes <input type="checkbox"/> No
Grinding teeth <input type="checkbox"/> Yes <input type="checkbox"/> No	Sensitivity when biting <input type="checkbox"/> Yes <input type="checkbox"/> No
Gums swollen or tender <input type="checkbox"/> Yes <input type="checkbox"/> No	Sores or growths in mouth <input type="checkbox"/> Yes <input type="checkbox"/> No

Medical History

Physician's Name _____ Date of last visit _____

Phone (____) _____ Pharmacy _____ Phone (____) _____

Please check (X) "Yes" or "no" to indicate if you have had any of the following:

- AIDS Yes No
- Anemia Yes No
- Arthritis, Rheumatism Yes No
- Asthma Yes No
- Back Problem Yes No
- Cancer Yes No
- Chemical Dependency Yes No
- Chemotherapy Yes No
- Circulatory Problems Yes No
- Cortisone Treatments Yes No
- Cough, persistent or bloody Yes No
- Diabetes Yes No
- Emphysema Yes No
- Epilepsy Yes No
- Fainting Yes No
- Fainting or dizziness Yes No
- Glaucoma Yes No
- Headaches Yes No
- Heart Problems Yes No
- Hepatitis Type _____ Yes No
- Herpes Yes No

- High Blood Pressure Yes No
- HIV Positive Yes No
- Jaundice Yes No
- Jaw Pain Yes No
- Kidney Disease Yes No
- Liver Disease Yes No
- Low Blood Pressure Yes No
- Nervous Problems Yes No
- Psychiatric Care Yes No
- Radiation Treatment Yes No
- Respiratory Disease Yes No
- Scarlet Fever Yes No
- Shortness of Breath Yes No
- Sinus Trouble Yes No
- Skin Rash Yes No
- Special Diet/Weight Loss Yes No
- Stroke Yes No
- Swollen Feet or Ankles Yes No
- Swollen Neck Glands Yes No
- Thyroid Problems Yes No

- Tonsillitis Yes No
- Tuberculosis Yes No
- Tumors or Growths Yes No
- Ulcer Yes No
- Venereal Disease Yes No

Have you ever had or been diagnosed with:

- Artificial Heart Valves Yes No
- Artificial Joints, Screws, Pins, etc. Yes No
- Bleeding abnormally, with extractions or surgery Yes No
- Blood Disease Yes No
- Congenital Heart Lesions Yes No
- Heart Murmur Yes No
- Hernia Repair Yes No
- Mitral Valve Prolapse Yes No
- Pacemaker Yes No
- Rheumatic Fever Yes No

Have you ever had any complications following dental treatment? Yes No

If Yes, please describe _____

Have you ever been hospitalized or do you have any other health concerns? Yes No

If Yes, please describe _____

Have you ever taken any of these medications?

- Bisphosphonates Yes No
- Blood Thinners Yes No
- Coumadin Yes No
- Warfarin Yes No
- Diet Medications Yes No
- Dexfenfluramine Yes No
- Fen-phen Yes No
- Pondimin Yes No
- Redux Yes No
- Levoxyol Yes No
- Synthroid Yes No

Are you allergic to:

- Aspirin Yes No
- Barbiturates Yes No
- Codeine Yes No
- Ibuprofen Yes No
- Latex Yes No
- Local Anesthesia Yes No
- Metals (i.e. gold) Yes No
- Penicillin Yes No

Other _____

Women: Are you pregnant? Yes No

Due date _____

Are you nursing? Yes No

Taking birth control pills? Yes No

Please PRINT all medications now taking: _____

SIGNATURES

To the best of my knowledge, the above information is complete and correct. I understand that it is my responsibility to inform my doctor if I, or my minor child, ever have a change in health.

Insurance Assignment: I certify that I, and/or my dependent(s), have Insurance coverage with _____ and assign directly to Dr. _____ all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all Charges whether or not paid by insurance. I authorize the use of my signature on all insurance submissions.

The above-named doctor may use my health care information and may disclose such information to the above-named insurance Company(ies) and their agents for the purpose of obtaining payment for services and determining insurance benefits or the benefits payable for related services. This consent will end when my current treatment plan is completed or one year from the date signed below.

Authorization to Release Protected Health Information: I understand that there may be a need to consult with other health care providers. I voluntarily authorize

Dr. _____ to use and/or disclose my Protected Health Information (PHI) related to _____
 Name of Doctor Disclosing PHI Describe in detail the Protected Health Information
 _____, The information will be used and/or disclosed for the purpose of _____
 you are authorizing to be used and/or disclosed. Describe in detail each purpose for which you are authorizing

_____, I authorize Dr. _____ to receive and use the information.
 your Protected Health Information to used and/or disclosed. Name of Doctor Receiving PHI

This authorization will end when my current treatment plan is completed or one year from the date signed below. I understand that once the information is released it may be redisclosed by the recipient and may no longer be protected by federal privacy regulations, I understand that I may revoke this authorization at any time by notifying. In writing, the above-named doctor disclosing the PHI. However, if I do revoke this authorization, it will not have any effect on any actions taken by the above-named doctor disclosing the PHI prior to their receipt of the revocation. I understand that my treatment cannot be conditioned on whether I sign this authorization. I understand I may refuse to sign this authorization.

 Signature of Patient, Parent, Guardian or Personal Representative Date

 Please print name of Patient, Parent, Guardian or Personal Representative Relationship to Patient

Doctor's Comments and update

Medical Clearance Letter Sent to _____ Date _____

Results _____

Signature _____ Date _____



5286 Iron Horse Parkway Suite A
Dublin, Ca 94568
(925) 587-1584

Office Policy Statement

Welcome to our office. We are pleased that you have selected our office. We find that communication with our patients regarding our office policy assists us in providing the best service to you and helps avoid misunderstandings. Please sign at the bottom that you recognize and agree to these terms. Please feel free to ask us any questions.

Dental Insurance

We are happy to help you file the necessary forms to insure that you receive the full benefits of your policy; HOWEVER we can make no guarantee of any estimate coverage. Your co-payment is due on the date of services rendered. Your insurance policy is an agreement between you, your employer and your insurance company. We ask that all patients be responsible for services rendered in this office. Services provided must be paid for at the time of treatment. There is an interest rate charged of 1½ % per month to any account that is 45 days past due.

Appointments

We respect your appointment time and take every effort to begin your treatment as scheduled. We request at least 48 hours notice to allow another patient to use the time that had been set aside for your visit. Failure to let us know of your cancellation 48 hours in advance will result in a \$50.00 charge per hour to you.

Returned checks and Collection action

If a check is returned to us for insufficient funds, a \$25.00 service fee charge will be applied to your account. IF you are forwarded to our collection agency, you will be responsible for all charges, including interest, late charge fees, collection fees, and attorney's fee.

Thank you for taking the time to read this policy statement.

I (we) have read, understand, and agree to the above policy.

Responsible Party/Patient: _____

Date: _____



5286 Iron Horse Parkway Suite A
Dublin, Ca 94568
(925) 587-1584

Privacy Practices Acknowledgement

Acknowledgement Form

I received the Notice of Privacy Practices and I have been provided an opportunity to review it.

Name _____

Birth Date _____

Signature _____

Date _____



Watermark Medical ARES Questionnaire
PRINT IN CAPITAL LETTERS - STAY WITHIN THE BOX

First Name		Middle Initial	Last Name	
Weight	Pounds	Age	Years	Gender
				<input type="radio"/> Male <input type="radio"/> Female
Height	Feet	Inches	Neck Size	Inches
Date of Birth	Month	Day	Year	ID Number

Tally ARES Risk Points

Neck Size
 +2 Male ≥ 16.5
 +2 Female ≥ 15.0

Score

COMPLETELY FILL IN ONE CIRCLE FOR EACH QUESTION - ANSWER ALL QUESTIONS

Have you been diagnosed or treated for any of the following conditions?

High blood pressure	<input type="radio"/> Yes	<input type="radio"/> No	Stroke	<input type="radio"/> Yes	<input type="radio"/> No
Heart disease	<input type="radio"/> Yes	<input type="radio"/> No	Depression	<input type="radio"/> Yes	<input type="radio"/> No
Diabetes	<input type="radio"/> Yes	<input type="radio"/> No	Sleep apnea	<input type="radio"/> Yes	<input type="radio"/> No

Co-morbidities
 +1 for each Yes response

Score

Lung disease	<input type="radio"/> Yes	<input type="radio"/> No	Nasal oxygen use	<input type="radio"/> Yes	<input type="radio"/> No
Insomnia	<input type="radio"/> Yes	<input type="radio"/> No	Restless leg syndrome	<input type="radio"/> Yes	<input type="radio"/> No
Narcolepsy	<input type="radio"/> Yes	<input type="radio"/> No	Morning Headaches	<input type="radio"/> Yes	<input type="radio"/> No
Sleeping Medication	<input type="radio"/> Yes	<input type="radio"/> No	Pain Medication (e.g., vicodin, Oxycotin)	<input type="radio"/> Yes	<input type="radio"/> No

Do not assign any points for these eight responses

Epworth Sleepiness Scale: How likely are you to doze off or fall asleep in the following situations, in contrast to just feeling tired? This refers to your usual way of life in recent times. Even if you have not done some of these things recently, try to work out how they would have effected you. Use the following scale to mark the most appropriate box for each situation. (M.W, Johns, Sleep 1991)

0 = would never doze	2 = moderate chance of dozing	0	1	2	3
1 = slight chance of dozing	3 = high chance of dozing				
Sitting and reading		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Watching TV		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sitting, inactive, in a public place (theater, meeting, etc.)		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
As a passenger in a car for an hour without a break		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sitting and talking to someone		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sitting quietly after lunch without alcohol		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In a car, while stopped for a few minutes in traffic		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Epworth Score
TOTAL the values from all 8 questions,
 If 11 or less
Score = 0
 If 12 or more
Score = 2

Score

Frequency	0 - 1 times/week	1 - 2 times/week	3 - 4 times/week	5 - 7 times/week
On average in the past month, how often have you snored or been told that you snored?				
<input type="radio"/> Never	<input type="radio"/> Rarely (+1)	<input type="radio"/> Sometimes (+2)	<input type="radio"/> Frequently (+3)	<input type="radio"/> Almost always (+4)
Do you wake up choking or gasping?				
<input type="radio"/> Never	<input type="radio"/> Rarely (+1)	<input type="radio"/> Sometimes (+2)	<input type="radio"/> Frequently (+3)	<input type="radio"/> Almost always (+4)
Have you been told that you stop breathing in your sleep or wake up choking or gasping?				
<input type="radio"/> Never	<input type="radio"/> Rarely (+1)	<input type="radio"/> Sometimes (+2)	<input type="radio"/> Frequently (+3)	<input type="radio"/> Almost always (+4)
Do you have problems keeping your legs still at night or need to move them to feel comfortable?				
<input type="radio"/> Never	<input type="radio"/> Rarely	<input type="radio"/> Sometimes	<input type="radio"/> Frequently	<input type="radio"/> Almost always

Assign points for each of the first three responses

<input type="text"/>
<input type="text"/>
<input type="text"/>

Signature	Area Code	Phone Number	Total all 6 boxes from above if point total = 4 or 5 (low risk), 6 to 10 (High risk) and 11 or more (very high risk)	Point Total <input type="text"/>
-----------	-----------	--------------	---	-------------------------------------